



CLIENT RIGHTS AND RESPONSIBILITIES

CONFIDENTIALITY:

All clients seen in counseling sessions at PCBH are entitled to certain rights concerning confidentiality. In most circumstances, whatever you tell your counselor will be kept confidential. There are three exceptions:

1. The desire to harm yourself
2. The desire to harm other(s)
3. Current information about child, spouse, or elder abuse

ABOUT COUNSELING:

As we all experience life changes and life stressors individuals/families may experience increased levels of pressure and stress individually or in the family systems. If you or your family member is currently noticing there are differences and/or (symptoms) about them that lead them to struggle academically, socially, or emotionally, PCBH offers a supportive therapist-client multidisciplinary approach in assisting you with making positive changes in your life.

Experienced practitioners (including Licensed Clinical Psychologists, Licensed Clinical Social Workers, and Licensed Marriage and Family Therapists) use a variety of best practice therapeutic techniques, selecting individualized interventions that are goal and action oriented to help you find solutions to everyday difficulties using various modalities based on the needs of our clients such as: Family Systems therapy, Solution Focused, Motivational Interviewing, and Cognitive Behavioral counseling.

You may be authorized for 8-10 sessions depending on your insurance. You also have the option to Private Pay for counseling sessions (Please see our Fee Schedule).

It is requested that you make every effort to keep your appointments with your counselor and, when necessary, call at least twenty-four (24) hours prior to cancel. No Show appointments will incur a \$25 fee.

When you have completed your counseling sessions, it is important that you schedule a final session. This will give you the opportunity to evaluate your progress and provide feedback for your counselor.

If you have any complaints about the service provided to you at PCBH, you may contact the PCBH Chief Clinical Officer at the number listed below:

PCBH Outpatient Services

Chief Clinical Officer, TIM CRILLY, BCBA

866-351-8887

If you have any questions that are not answered in the above information, please ask your counselor.

I have read and understand the above information, and give my consent for counseling.

Client's Signature: _____

Date: _____

Witness: _____

Date: _____